

Fall 2025 Newsletter



Hello Friends!

As the summer fades into Fall, and we enjoy the cool, crisp mornings and bright, sunny afternoons, we at Parenting Now are looking to the season ahead with excitement. Not only are we welcoming our First Three Years parenting groups, Baby Connection, and our LGBTQ+ parenting group back, but we are also excited to announce the rollout of our brand new Parenting Now Alumni Network.



The Alumni Network has been a long time in the making and will offer opportunities for families who have participated in our programming to stay connected with one another, while also continuing to receive some services from Parenting Now. We look forward to many of you joining us as we launch this exciting endeavor!

In addition to the Alumni Network, we are expanding our services to parents and children by offering one-on-one parent coaching, where parents work alongside our professional parenting educators, learning parenting strategies that are tailored to their specific needs.

As parents, I am sure your fall is as busy as ours is. Thank you for taking the time to read and learn about what's happening at Parenting Now. We look forward to walking alongside you in your parenting journey.

Happy Fall!

Theya Joslin, MPA
Executive Director



 Parenting Now

PARENT COACHING

[CLICK HERE TO LEARN MORE](#)

Parent Coaching is here!

Parenting can be one of life's greatest joys— and one of its biggest challenges. That's why we're excited to launch our Parent Coaching Program, a personalized, one-on-one adaptation of our widely used *Make Parenting A Pleasure* curriculum.

Whether you're working through a tough parenting moment or looking to strengthen everyday connections, Parent Coaching offers supportive conversations and hands-on tools to help reduce stress, build confidence, and foster stronger parent-child relationships.

We can't wait to share this new service with our community! Please click below to join the waitlist or for more information about Parent Coaching.

[Parent Coaching](#)



First 3 Years

[Incredible INFANTS](#), [Wonderful ONES](#), [Terrific TWOs](#), [Thrilling THREES](#) Parenting Groups:

Our First 3 Years groups are in full swing this fall! We have a lot happening, stay tuned for more in the coming year! [LEARN MORE](#)





BABY CONNECTION



Families with children under 1 year of age can receive lactation or feeding support and connect with other families.

Baby Connection is offered every Wednesday from 11 am to 12 pm at the Parenting Now building (86 Centennial Loop in Eugene). Free to attend!



LGBTQ+ PARENT GROUP

We are excited to continue offering our LGBTQ+ group for parents to connect and create a sense of community! Gather with other LGBTQ+ parents to share experiences, get support, and have fun.

Children are welcome to join! Snacks and activities for the whole family are included.

[Learn more about the LGBTQ+ Parenting Group at Parenting Now](#)

LGBTQ+ Parenting Group meets once a month, every 2nd Monday on the following dates:

10/13 • 11/10 • 12/8 • 1/12 • 2/9 • 3/9 • 4/13 • 5/11 • 6/8

UPCOMING EVENTS

JOIN US for our Alumni Network Launch Party!



Join Us for a Night of Family Fun & Connection!

We're thrilled to invite you to the official launch of the Parenting Now Alumni Network, a new way to stay connected, celebrate your journey, and continue growing together.

Bring the whole family for an evening of pumpkin painting, snacks, and hands-on activities designed to spark creativity and joy. Costumes are welcome, whether you're feeling festive or just ready to craft. Come as you are!

Why a launch party?

Parenting is one of life's most profound journeys, and no one should have to walk it alone. The [Parenting Now Alumni Network](#) is more than a community; it's a place to be seen, supported, and celebrated for the growth you've made and the challenges you've overcome. **This launch party is a chance to reconnect, reflect, and remind ourselves that the bonds we build through parenting are lasting and powerful.** We hope you'll join us, not just for the fun, but for the feeling of belonging.

RSVP to Cat Luna at cluna@parentingnow.org today and help us spread the word!

[Check out this event on Facebook and share it with your friends.](#)

Date: October 22nd

Time: 5:30 PM - 7:00 PM

Location: Parenting Now 86 Centennial Loop Eugene, OR

This event is FREE to attend.



READY TO STAY CONNECTED?

Join the Parenting Now Alumni Network and keep the support, inspiration, and connection alive, long after your program ends. Whether you're seeking trusted resources, meaningful community, or simply a space to share your parenting wins and challenges, this network is here for you.

Enjoy exclusive access to playgroups, drop-in parent coaching, and opportunities to connect with other parents who understand the journey. Because parenting doesn't stop, and neither should the support.



**Join the Alumni Network
Today**

Join Our Auction Committee!



Are you passionate about supporting families and strengthening our community?

We invite you to join the planning committee for Parenting Now's 2026 Night of Hope Auction & Gala! This year's event promises an enchanting evening filled with elegance, fun, and community spirit.

Why Join the Planning Committee?

Make a Difference: Your involvement will directly contribute to the success of our gala, which is crucial in raising funds to continue offering



quality parenting education programs.

Build Community: Collaborate with like-minded individuals who share your commitment to supporting local families.

Develop Skills: Gain valuable experience in event planning, fundraising, and community outreach.

Have Fun: Be part of a dynamic team and enjoy the satisfaction of seeing your efforts come to life in a spectacular event.



Email Cat to join our
Auction Committee!

ON THE PARENTING NOW BLOG

September is Baby Safety Month: How Parenting Now Supports Safer Beginnings

We're spotlighting Baby Safety Month and how our **Baby Connection** program helps families create safer beginnings. From sleep safety to feeding support and weekly weight checks, Baby Connection offers hands-on guidance for new parents in a welcoming, drop-in setting. Read more about how we're supporting baby safety in our latest blog post:

<https://parentingnow.org/september-is-baby-safety-month>



FALL CRAFT

Here's a cozy, creative, and cost-effective fall craft idea that's perfect for families and practically free:

❑ Leaf Print Art on Recycled Paper Bags

What You'll Need:

- Fallen leaves (variety of shapes and sizes)
- Brown paper grocery bags or scrap paper
- Washable paint (fall colors like red, orange, yellow, brown)
- Paintbrushes or sponges
- Optional: string or tape to hang the finished art

Instructions:

1. Go on a mini nature walk to collect leaves; this can be a fun bonding activity in itself.

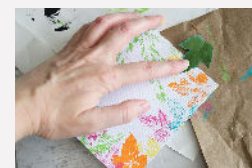
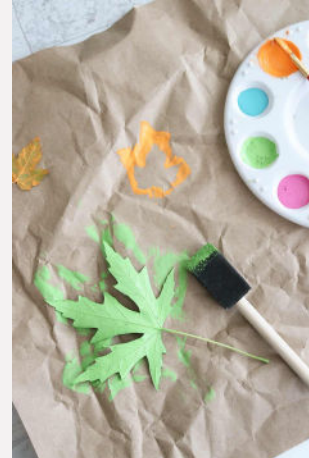
2. Cut open paper grocery bags to create flat canvases.
3. Dip one side of each leaf into paint or use a brush to coat it lightly.
4. Press the leaf onto the paper to make a print. Repeat with different colors and leaf shapes.
5. Let them dry, then hang them up as seasonal decorations or turn them into greeting cards or placemats.

Why It's Great:

- Encourages outdoor exploration and creativity
- Uses materials most families already have
- Can be adapted for all ages
- Creates beautiful keepsakes or gifts

Need Supplies?

Affordable art materials like paints, paper, and more are available at [MECCA \(Materials Exchange Center for Community Arts\)](#) in Eugene. This nonprofit offers secondhand craft supplies at low or no cost - perfect for families, educators, and anyone looking to get creative without breaking the bank.



Eugene Public Library Storytimes: September through November

Get together at Eugene Public Library to learn and have fun with books, songs, and more. Free!

More information:

541-682-5450 or eugene-or.gov/library.

Downtown Eugene Public Library

Baby Storytime - Tuesdays, 9:45 a.m. and 10:30 a.m.

Toddler Storytime - Wednesdays, 9:45 a.m. and 10:30 a.m.

Sensory Storytime - Thursdays, 4:30 p.m.

Preschool Storytime - Fridays, 10:30 a.m.

Family Storytime - Saturdays, 10:30 a.m. and 11:15 a.m.

Sheldon Branch

Family Storytime - 2nd and 4th Fridays, 10:15 a.m.

Family Playdate - 1st, 3rd, and 5th Fridays, 10:15 a.m.

Bethel Branch

Family Storytime - Thursdays, 10:15 a.m.

Baby and Toddler Storytime - Saturdays, 10:15 a.m.

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Dolly Parton's Imagination Library: Now Bilingual!

Imagination Library builds a love of reading by delivering high-quality, brand-new books to children every month from birth to their fifth birthday, as a free gift to keep. All Oregon families are now eligible to participate.

And now it's even better: each family can choose to receive English or bilingual English/Spanish books.

Our local affiliate, a program of Eugene Public Library Foundation, has delivered nearly 445,000 books to more than 16,000 Eugene children since 2014. [Sign up your child today](#) and spread the word!



Support Families

WAYS TO SUPPORT PARENTING NOW THIS FALL

Parenting Now depends on donations from generous individuals like you to continue our critical parenting education.

- Make a [one-time donation](#) or become a [monthly donor](#)
- [Donate Items for our Night of Hope Auction & Gala](#)



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