



# Parenting Now

## Fall 2024 Newsletter



### Hello Friends!

As the crisp air of fall begins to set in, we are excited to bring you our latest newsletter, filled with resources and opportunities to support your parenting journey. At Parenting Now, we believe in empowering families with the tools and knowledge they need to thrive. This season, we're offering a variety of parenting groups designed to meet the diverse needs of our community.



Inside, you'll find details on our upcoming programs, along with a curated list of children's books to foster learning and growth. We've also included a fun and simple craft idea that you can enjoy with your little ones, perfect for those cozy fall afternoons.

We're also reaching out with a call to action for an exciting volunteer opportunity, and we'd love to have you join our team. Your time and dedication can make a real difference in the lives of families who rely on our services.

Thank you for being a part of our community and for your continued support. Together, we are helping to build stronger, healthier families.

Theya Joslin, MPA  
Executive Director

## WHAT'S HAPPENING THIS FALL AT PARENTING NOW

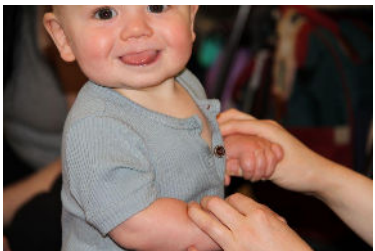
### First 3 Years

[Incredible INFANTS](#), [Wonderful ONEs](#), [Terrific TWOs](#),  
[Thrilling THREEs](#) Parenting Groups:

Our First 3 Years groups are in full swing this fall with



our Incredible INFANTS, Wonderful ONES, Terrific TWOS, and Thrilling THREES. We have a lot happening, stay tuned for more in the coming year! [LEARN MORE](#)



## BABY CONNECTION

Baby Connection is offered every **Wednesday from 11 am to 12 pm** at the Parenting Now building ([86 Centennial Loop](#) in Eugene). Free to attend!



Families with children under 1 year of age can receive lactation or feeding support and connect with other families.



## LGBTQ+ PARENT GROUP

We are excited to continue offering our LGBTQ+ group for parents to connect and create a sense of community! Gather with other LGBTQ+ parents to share experiences, get support, and

## EUGENE PRIDE FESTIVAL

have fun.

Children are welcome to join!  
Snacks and activities for the whole family are included.

[Learn more about the LGBTQ+ Parenting Group at Parenting Now](#)

**LGBTQ+ Parenting Group is held at Parenting Now from 5:30 to 7:00 PM, every other Monday on the following dates:**

Sept 9 • Sept 23 • Oct 7 • Oct 21 •  
Nov 4 • Nov 18 • Dec 2 • Dec 16 •  
Dec 30

**Meet the Facilitator, Sarah:**

Sarah is a career educator with a Master's of Education and experience in public school settings, Montessori 3-6-year-old communities, and outdoor classrooms in public parks. She finds joy in building community and nurturing families and has a knack for matchmaking people to resources and one another. In her free time, she loves reading and exploring outside with her wife and son.



Parenting Now had the incredible honor of attending and representing our organization at the Eugene Pride Festival. It was a heartwarming experience filled with joy, laughter, and a beautiful celebration of diversity.

At Parenting Now, we believe in the importance of celebrating the diversity that exists in all families. Every family is unique, and every child deserves to be raised in a nurturing, supportive environment.

Our vision is a world where ALL children are raised by nurturing, skilled parents, and events like the Eugene Pride Festival remind us of the strength and beauty in our diverse community.

Thank you to everyone who stopped by our booth, shared their stories, and celebrated with us. Together, we are building a brighter future for all children.



## UPCOMING EVENTS

JOIN US FOR A HEARTWARMING CELEBRATION OF

# GRANDPARENTS!



## Grandparents Day!



Please join us to honor the cherished role of grandparents in our lives!

**Inspiring Stories:** Listen to heartwarming tales of wisdom, resilience, and love. From childhood memories to life lessons, these stories will touch your heart.

**Parenting Tips:** Grandparents play a vital role in parenting. Discover practical tips from seasoned grandparents on navigating the joys and challenges of family life.

**Celebrate Together:** Raise a toast to the incredible grandparents who enrich our lives. Enjoy light refreshments and delicious wine from King Estate, mingle with other families, and celebrate generational bonds.

**Date:** September 19th

**Time:** 6:00 PM - 7:30 PM

**Location:** Parenting Now 86 Centennial Loop Eugene, OR

**This event is FREE to attend.**

Please RSVP to Cat Luna at [cluna@parentingnow.org](mailto:cluna@parentingnow.org)

## HELP NURTURE GENERATIONS

### MAKE A DONATION IN HONOR OF A GRANDPARENT

Grandparents play a vital role in nurturing and supporting families. Their wisdom, love, and guidance create a strong foundation for future generations. Positive parenting practices not only benefit children but also have lasting effects on grandchildren. Research shows that children who experience positive parenting are more likely to have better relationships, mental health, and overall well-being throughout their lives.

By donating to Parenting Now, you help us provide essential resources and programs that empower parents to continue making a positive impact in their families and communities. Your support towards quality parenting education ensures that the invaluable bond between grandparents and grandchildren remains strong and cherished, fostering a legacy of love and stability for generations to come.



## Join Our Auction Committee!



**Are you passionate about supporting families and strengthening our community?**

We invite you to join the planning committee for Parenting Now's 2025 Night of Hope Auction & Gala! This year's event promises an enchanting evening filled with elegance, fun, and community spirit.



**Why Join the Planning Committee?**

**Make a Difference:** Your involvement will directly contribute to the success of our gala, which is crucial in raising funds to continue offering quality parenting education programs.

**Build Community:** Collaborate with like-minded individuals who share your commitment to supporting local families.



**Develop Skills:** Gain valuable experience in event planning, fundraising, and community outreach.

**Have Fun:** Be part of a dynamic team and enjoy the satisfaction of seeing your efforts come to life in a spectacular event.

**Join our Auction Committee!**

## ON THE PARENTING NOW BLOG

### Ensuring Safe Journeys to School:

#### A Comprehensive Guide for Parents

As the new school year approaches, ensuring your child's safety on their way to and from school becomes a top priority. Whether they walk, bike, or take the bus, it's crucial to establish a solid transportation plan and teach them essential safety practices. Here's a comprehensive guide to help you navigate this important task.

Learn more about transportation safety on our



## FALL CRAFT

### Leaf People

#### Materials Needed:

##### Free and Natural Materials:

- Collect colorful fall leaves, twigs, and small stones from your surroundings.

##### Recycled Materials:

- Use old magazines, newspapers, or cardboard for the base instead of construction paper.

##### Homemade Glue:

- Make a simple glue using flour and water (mix 1 part flour with 2 parts water until smooth).

##### DIY Decorations:

- Create eyes and other features using markers, crayons, or cut-out shapes from recycled paper.

#### Instructions:

1. **Collect Leaves and Natural Items:** Go on a nature walk to gather leaves, twigs, and small stones.
2. **Create Faces:** Glue the leaves onto recycled paper or cardboard to form the bodies of your leaf people.
3. **Add Features:** Draw eyes, mouths, and other features using markers or crayons. You can also cut out shapes from old magazines or newspapers.
4. **Decorate:** Use twigs for arms and legs, and small stones for buttons or accessories.

This craft uses materials that are easy to find and free, making it accessible to everyone. Plus, it's a great way to teach kids about recycling and using natural resources creatively!





Eugene Public Library

## FALL READING RECOMMENDATIONS

For fall, the children's librarians of Eugene Public Library recommend these picture books you can borrow on the theme of "new experiences."

[What does Little Crocodile Say? by Eva Montanari](#)

[Never, Not Ever! by Beatrice Alemagna](#)

[Lila Greer, Teacher of the Year by Andrea Beaty, illustrated by David Roberts](#)

[Goodbye Brings Hello by Dianne White, illustrated by Daniel Wiseman](#)

[Journey by Aaron Becker](#)

Build your home library by signing up your little one for [Imagination Library](#). This wonderful service sends young children a brand-new book in the mail every month as a free gift to keep. All Lane County children are eligible from birth until they turn five years old.

Visit Eugene Public Library for free storytimes and other family events. Or come by anytime to connect, play and find free treasures to take home for fun and learning.

Learn more about all that's available at Eugene Public Library by visiting in person, calling 541-682-5450, or checking our website [eugene-or.gov/library](http://eugene-or.gov/library), Facebook or Instagram.



## Support Families

### WAYS TO SUPPORT PARENTING NOW THIS FALL

Parenting Now depends on donations from generous individuals like you to continue our critical parenting education.

The gift you make today will help us continue to realize our vision of a world where all children are raised by nurturing, skilled parents.

- Make a **one-time donation** or become a **monthly donor**
- **Donate Items for Families:** Diapers, baby supplies, and children's books!



## Parenting Now

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