

## BASIC NEEDS

**Catholic Community Services** [www.CCSL.org](http://www.CCSL.org)  
Community Service Centers info@CCSL.org  
1464 West 6th Ave., Eugene 541-345-3628  
1025 G Street, Springfield 541-345-3628  
Services include food, energy assistance (as funding is available), personal care items, prescription assistance, ID and birth certificate assistance, day-use bus passes, information and referrals, and immigration services. No cost.  
**6 Street Oasis** [gstreet@CCSL.org](http://gstreet@CCSL.org)  
First Baptist Church, 1175 G St., Springfield 541-214-0260  
Day program for families experiencing homelessness in Springfield. Access to laundry, showers, case management, and help finding jobs and housing. Call for intake appointment.

**Centro Latino Americano** SEE FAMILY EDUCATION & SUPPORT  
**Cornerstone Community Housing** [www.cornerstonecommunityhousing.org](http://www.cornerstonecommunityhousing.org)  
1175 Charnelton Street, Eugene 541-683-1751  
Quality affordable housing for people living on limited incomes. On-site support services that promote opportunities for personal growth and economic independence.

**First Place Family Center** [www.firstplacefamilycenter.org](http://www.firstplacefamilycenter.org)  
1995 Amazon Parkway, Eugene 541-342-7728  
Day Access Center for families with children under 18. Food, kitchen, laundry, showers, phone, mail service, computers with internet access, emergency shelter and housing services.

**Fish** 541-689-9750  
Volunteers provide food, propane, and limited prescription medication assistance to anyone in need.

**Food For Lane County** [info@foodforlaneounty.org](http://info@foodforlaneounty.org)  
770 Bailey Hill Rd., Eugene 541-343-2822  
County-wide distribution of emergency food through a network of 157 agencies. Food boxes, meal sites, gardens, nutrition education, job training, children's and senior programs.

**Helping Hand Room** 541-344-1425  
First Christian Church, 1166 Oak St., Eugene  
Free baby layettes for newborns and clothing for children and adults. Bedding and kitchen items also available. Open Tuesday, Thursday, noon - 2 p.m.

**Homes for Good Housing Agency** [www.homesforgood.org](http://www.homesforgood.org)  
177 Day Island Rd., Eugene 541-682-3755  
300 West Fairview Dr., Springfield 541-682-4090  
Federal program assists families with rental housing from private landlords and provides rental management managed by Homes for Good. Visit website for more information.

**Hosea Youth Services** [info@hoseayouth.org](http://info@hoseayouth.org)  
834 Monroe St., Eugene 541-344-5583  
Hot home-cooked dinners, showers, laundry services, clothing, basic necessities, job and education support, mentorship, and life skills opportunities. Open Monday, Wednesday, Thursday, 4:30 - 6:30 p.m.

**Lane County WIC Program** (Women, Infants & Children Supplemental Food & Nutrition Program) [www.laneounty.org](http://www.laneounty.org)  
151 West 7th Ave., Suite 210, Eugene 541-682-4202  
Nutrition and feeding information, breastfeeding support, referrals, and help purchasing healthy foods for pregnant and postpartum women and children (ages birth - 5). Eligibility based on health and income screenings.

**Looking Glass Station 7 - Project Safe Place** [www.lookingglass.us](http://www.lookingglass.us)  
931 West Ave., Eugene 541-689-3111  
Emergency shelter for runaway and homeless youth (ages 11 - 17). 24-hour crisis intervention, emergency transportation, and family reconciliation.

**Nutrition Education Program - Oregon State University Extension** [www.foodhero.org](http://www.foodhero.org)  
996 Jefferson St., Eugene 541-344-0249, ext. 2  
Classes on how to prepare quick, tasty, healthy family meals and snacks on a limited budget.

**Oregon Department of Human Services (DHS) - Self-Sufficiency Programs (SSP)** [www.oregon.gov/dhs](http://www.oregon.gov/dhs)  
District Office, 2885 Chad Dr., Eugene 541-687-7373  
McKenzie Center, 2885 Chad Dr., Eugene 541-686-7878  
Springfield Main Street Center, 101 30th St. 541-726-3525  
West Eugene Family Center, 2101 West 11th Ave. 541-686-7722  
Cottage Grove Family Center, 305 Coop Court. 541-942-9186  
Florence Central Coast Resource Center, 3180 Hwy. 101N 541-997-8251  
Oakridge Center, 48310 East First St. (Mon. & Wed.) 541-782-4217  
Employment Related Day Care, Temporary Assistance for Needy Families, Temporary Assistance for Domestic Violence Survivors, and food benefits with training and employment opportunities via our STEP partners.

**Positive Community Kitchen** [positivecommunitykitchen.org](http://positivecommunitykitchen.org)  
541-249-4942, ext.102  
Meals for people experiencing health crises due to cancer or life-threatening illness. Prepared with love by teen volunteers and delivered free.

**Salvation Army of Lane County** [www.eugene.salvationarmy.org](http://www.eugene.salvationarmy.org)  
640 West 7th Ave., Eugene 541-343-3328  
Food boxes, limited rental assistance with 72-hour eviction notice. Call for hours.

**ShelterCare - Homeless Prevention Program** [www.sheltercare.org](http://www.sheltercare.org)  
499 West 4th Ave., Eugene 541-689-3785  
Emergency rent assistance for families with children, the elderly and the disabled who are facing an unusual situation and normally pay rent without assistance.

INTERPRETATION KEY	
	ASL interpretation available
	Spanish interpretation available
	Spanish interpretation available by request

## CHILD ABUSE & NEGLECT DOMESTIC VIOLENCE SEXUAL ABUSE & ASSAULT

**CAFA** (Christians As Family Advocates) [www.cafaweb.com](http://www.cafaweb.com)  
921 Country Club Rd., Suite 222, Eugene 541-686-6000  
Domestic violence intervention for offenders and victims, parenting classes, supervised visitation services, and individual therapy for adults, children, couples, and families.

**CASA** (Court Appointed Special Advocates) [www.casa-lane.org](http://www.casa-lane.org)  
174 Deadmond Ferry Rd., Springfield 541-984-3132  
CASA volunteers advocate in juvenile dependency court for children (ages birth - 18) who have been abused or neglected.

**Jasper Mountain** [www.jaspermountain.org](http://www.jaspermountain.org)  
Crisis Response Program Hotline: 1-888-989-9990  
37875 Jasper-Lowell Rd., Jasper 541-747-1235  
89124 Marcola Rd., Springfield 541-741-7402  
Intensive mental health treatment for children (ages 4 - 13) includes residential treatment, day treatment school, therapeutic foster care, crisis stabilization, and 24-hour Crisis Response Program (see Helplines).

**Kids FIRST** [www.kidsfirstcenter.net](http://www.kidsfirstcenter.net)  
299 E 18th Ave., Eugene 541-682-3938  
Iverson and advocacy for children who are victims of, or witnesses to crime. Facilitates multidisciplinary child abuse investigations while providing support to children and their families.

**Lane County Legal Aid/Oregon Law Center** [www.oregon.gov/dhs](http://www.oregon.gov/dhs)  
Options Counseling and Family Services [www.options.org](http://www.options.org)  
Oregon Department of Human Services (DHS) - Child Welfare Programs (CWP) [www.oregon.gov/dhs](http://www.oregon.gov/dhs)  
Abuse/Neglect Reports (24/7): 1-855-503-7233  
Willamette Street Office, 1899 Willamette St., Eugene 541-686-7555  
West Eugene Family Center, 2101 West 11th Ave. 541-686-7722  
Gateway Center, 1040 Harlow Rd., Springfield 541-726-6644  
Cottage Grove Family Center, 305 Coop Court 541-942-9186  
Florence Central Coast Resource Center, 3180 Hwy. 101N 541-997-8251  
Safe children and support for families, child protection, foster care and adoptions.

**Relief Nursery, Inc.** [www.reliefnursery.org](http://www.reliefnursery.org)  
Sexual Assault Support Services (SASS) [www.sass-lane.org](http://www.sass-lane.org)  
Crisis/Support Line: 541-343-SASS (7277) or 1-844-404-7700 (toll-free)  
591 West 19th Ave., Eugene (drop-in center) Office: 541-484-9791  
Services for survivors of sexual violence and their supporters. 24-hour crisis line, drop-in center, advocacy, support groups, community outreach, counseling and more. Free, confidential. Call for hours.

**The Survivors Justice Center** [www.survivorsjusticecenter.org](http://www.survivorsjusticecenter.org)  
LEGAL AID/OREGON LAW CENTER

**Womenspace** [www.womenspaceinc.org](http://www.womenspaceinc.org)  
Crisis and Support Line: 541-485-6513 or 1-800-281-2800  
1577 Pearl St., 2nd Floor, Eugene 541-485-8232  
Providing safety, hope, and healing for survivors of domestic violence. Serving people of all genders throughout Lane County. Servicios en Español.

## CHILD CARE

**211 Info** [www.211info.org](http://www.211info.org) SEE HELPLINES  
**American Red Cross** [www.americanredcross.org](http://www.americanredcross.org) SEE MEDICAL • DENTAL  
**The Arc Lane County/Jumpstart** [www.arc-lane.org](http://www.arc-lane.org)  
4181 E St., Springfield 541-607-1449  
Skill building, community inclusion, and enrichment programs for children (ages 5 - 18) who experience I/DD. After-school/no-school/Saturday programs available.  
**Bethel School District Young Mothers and Fathers Program** [www.bethel.k12.or.us](http://www.bethel.k12.or.us)  
SEE FAMILY SUPPORT/EDUCATION  
**City of Eugene Recreation Services** [www.eugene.or.gov](http://www.eugene.or.gov) SEE RECREATION  
**Eugene Family YMCA** [www.ymca.org](http://www.ymca.org) SEE RECREATION  
**Eugene School District 4J** [www.4j.lane.edu](http://www.4j.lane.edu)  
200 North Monroe St. 541-790-7700 or 541-790-7707  
For community: Child care and preschool programs at North Eugene and South Eugene High Schools.  
For students: Teen parent program. Before- and after-school child care programs at many elementary schools.

**Head Start and Early Head Start of Lane County** [www.headstartlane.org](http://www.headstartlane.org)  
SEE FAMILY SUPPORT/EDUCATION  
**Oregon Department of Human Services** [www.oregon.gov/dhs](http://www.oregon.gov/dhs) SEE BASIC NEEDS  
**Quality Care Connections** [www.lanecc.edu/lrc](http://www.lanecc.edu/lrc)  
541-463-3954 or 1-800-222-3290  
Lane Community College, 4000 East 30th Ave., Bldg. 24, Eugene  
Training and technical assistance to early childhood educators and child care providers.

**River Road Park and Recreation District** [www.riverroadpark.com](http://www.riverroadpark.com) SEE RECREATION  
**Willamalane Park and Recreation District** [www.willamalane.org](http://www.willamalane.org) SEE RECREATION

## COUNSELING

**CAFA** [www.cafaweb.com](http://www.cafaweb.com) SEE CHILD ABUSE/NEGLECT • DOMESTIC VIOLENCE • SEXUAL ABUSE/ASSAULT  
**Center for Community Counseling** [www.cceugene.org](http://www.cceugene.org)  
1465 Coburg Rd., Eugene 541-344-0620  
Low-cost counseling to uninsured and underinsured adults 18 and over. Services include individual counseling, support groups, and classes. Sliding-fee scale, \$5 - 40.

**Center For Family Development** [www.cffdc.org](http://www.cffdc.org)  
261 East 12th Ave., Eugene (walk-in services) 541-342-8437  
Outpatient services for mental health and substance use disorders for children, adolescents, and adults. OHP and some commercial insurance accepted. Sliding-fee scale and funding assistance available for some services.

**Center for Healthy Relationships** [www.hedocclinic.oregon.gov](http://www.hedocclinic.oregon.gov)  
1655 Alder St., Suite 170, Eugene 541-346-0923  
Therapy for intimate relationships, families, and individuals provided by UO graduate student interns supervised by faculty and advanced clinicians. Day and evening weekdays hours. Sliding scale.  
**Centro Latino Americano** [www.centrolatino.org](http://www.centrolatino.org) SEE FAMILY EDUCATION & SUPPORT

## CHILD AND FAMILY CENTER

1600 Millrace Dr., Suite 103, Eugene 541-346-4910  
A range of low-cost, family-based services for children and adolescents (ages 2 - 17). Services include brief and longer-term intervention, assessment, family and child therapy, parenting help, and referrals.

**The Child Center** [www.thechildcenter.org](http://www.thechildcenter.org)  
3995 Marcola Rd., Springfield 541-726-1465  
Mental health services for families throughout Lane County, including assessment, outpatient counseling, intensive outpatient counseling, psychiatric day treatment, wellness, parenting classes, ABA autism, and 24-hour Crisis Response Program (see Helplines).

**Child Development and Rehabilitation Center** [www.cdrc.org](http://www.cdrc.org) SEE MEDICAL • DENTAL  
**Direction Service Counseling Center** [www.directionservice.org](http://www.directionservice.org)  
576 Olive St., Suite 307, Eugene 541-344-3703  
Outpatient counseling and mental health support for adults, children (ages 18 months and older), adolescents, and families. Private insurance and OHP accepted. Call for information about walk-in assessment program.

**Laurel Hill Center** [www.laurelhill.org](http://www.laurelhill.org)  
2145 Centennial Plaza, Eugene 541-485-6340  
Services to help people with psychiatric disabilities make choices and acquire skills that increase their self-reliance and ability to live and work in the community.

**Looking Glass Community Services** [www.lookingglass.us](http://www.lookingglass.us)  
260 East 11th Ave., Eugene 541-484-4428  
Mental health and teen substance abuse treatment services. Individual and group treatment available in Eugene, Springfield, Junction City, and Cottage Grove. Accept OHP, most insurance, and self pay.

**Ophelia's Place** [www.opheliasplace.net](http://www.opheliasplace.net)  
1577 Pearl St., Suite 100, Eugene 541-284-4333  
Support and empowerment center for girl-identified youth (ages 10 - 18). On-site counseling by appointment, after-school program, resources, Monday - Thursday, 3 - 6 p.m. Call for orientation information.

**Options Counseling and Family Services** [www.options.org](http://www.options.org)  
1255 Pearl St., Suite 102, Eugene 541-687-6983  
7175 West 8 St., Building D, Springfield 541-762-1971  
Individual and family therapy for children and teens, Circle of Security groups, intensive safety and reunification services, parent-child interaction therapy, intensive children's treatment services.

**Oregon Community Programs** [www.oregoncommunityprograms.org](http://www.oregoncommunityprograms.org)  
1170 Pearl St., Eugene 541-743-4340  
Scientificallly-validated support for youth and families with behavioral concerns. Individual, group, and treatment fostering services with extended support for biological, adoptive, and foster families.

**Relief Nursery, Inc.** [www.reliefnursery.org](http://www.reliefnursery.org) SEE FAMILY EDUCATION & SUPPORT  
**White Bird Crisis Center** [www.whitebirdclinic.org](http://www.whitebirdclinic.org)  
990 West 7th Ave., Eugene 541-687-4000 or 1-800-422-7558  
Cahoots (city non-emergency number): 541-682-5111  
Lane County 24-hour crisis intervention service. New crisis center with phone and walk-in services in a trauma-informed space. No cost.

**Willamette Family, Inc.** [www.willamettefamily.com](http://www.willamettefamily.com) SEE SUBSTANCE ABUSE/RECOVERY

## DISABILITY

**The Arc Families Connected** [www.arc-lane.org](http://www.arc-lane.org)  
4181 E St., Springfield Nancy Berge: 541-343-5236, ext.100  
Peer-led organization helping parents in their journey of raising a child with an intellectual and/or developmental disability. Services include parent support, trainings and advocacy.

**The Arc Lane County/Jumpstart** [www.arc-lane.org](http://www.arc-lane.org) SEE CHILD CARE  
**Child Development and Rehabilitation Center** [www.cdrc.org](http://www.cdrc.org) SEE MEDICAL • DENTAL  
**Direction Service** [www.directionservice.org](http://www.directionservice.org)  
1144 Gateway Loop, Suite 200, Springfield 541-686-5060  
Planning and support for families who have youth (up to age 23) with disabilities or suspected disability. Information and referral for disability-related resources. No cost.

**Early Childhood CARES** [www.earlychildhoodcares.oregon.edu](http://www.earlychildhoodcares.oregon.edu)  
ecares@uoregon.edu 541-346-2578 or 1-800-925-8694  
1500 West 12th Ave., Eugene 541-346-0742  
Early intervention and early childhood special education for children birth to school-age who have delays in development. Call for a free developmental screening. Free educational services to eligible children.

**March of Dimes** [www.marchofdimes.org](http://www.marchofdimes.org) SEE MEDICAL • DENTAL  
**Oregon Department of Human Services (DHS) - Vocational Rehabilitation Services (VRS)** [www.oregon.gov/dhs/employment/VR/Pages/index.aspx](http://www.oregon.gov/dhs/employment/VR/Pages/index.aspx)  
McKenzie Center, 2885 Chad Dr., Eugene 541-684-2450  
Springfield Main Street Center, 101 30th St. 541-736-7812  
Employment counseling, skills training, and job placement for people with disabilities who meet state criteria.

**Oregon Family Support Network** [www.oregonfamily.org](http://www.oregonfamily.org) SEE FAMILY EDUCATION/SUPPORT  
**Positive Community Kitchen** [positivecommunitykitchen.org](http://positivecommunitykitchen.org) SEE BASIC NEEDS  
**Pearl Buck Preschool** [www.pearlbuckcenter.com](http://www.pearlbuckcenter.com)  
3690 West 1st Ave., Eugene 541-484-4666  
Specialized services for parents with cognitive limitations, home-based parenting support for qualifying parents and their babies, preschool (ages 2-5), home visits, case management, outreach.

**Oregon Family Support Network** [www.ofsn.org](http://www.ofsn.org)  
72A Centennial Loop, Suite 150, Eugene 541-342-2876  
Support for families raising a youth with emotional, behavioral, or mental health challenges (no diagnosis needed). Respite, support group, family events, advocacy, IEP/504 support.  
**Tamarack Aquatic Center** [www.tamarackaquatic.com](http://www.tamarackaquatic.com) SEE RECREATION  
**University of Oregon Speech-Language-Hearing Center** [https://hedocclinic.uoregon.edu](http://www.hedocclinic.uoregon.edu)  
1655 Alder St., Suite 170, Eugene 541-346-0923  
Clinical and consultative speech/language services for all ages. Services for speech delays/disorders, cognitive impairments following TBI or stroke, stuttering, voice, etc. Sliding-fee scale available.

## FAMILY EDUCATION & SUPPORT

**4J Young Parent Program** [www.4j.lane.edu](http://www.4j.lane.edu)  
johnson\_ji@4j.lane.edu 541-790-6860  
District-wide program supporting pregnant and parenting students in their education and life goals. Services for young parents include a child care option at ECCO High School.

**ACT for Families/Birth Your Way** [www.actforfamilies.org](http://www.actforfamilies.org)  
151 West 7th Ave., Suite 210, Eugene 541-833-0017  
Free classes for childbirth and parenting from pregnancy to age 2. Focus on finding confidence and ease during pregnancy, birth and postpartum. Year round.

**Adoption Connections of Oregon** [www.adoptionconnectionsofOregon.org](http://www.adoptionconnectionsofOregon.org)  
aco@peak.org  
Non-profit organization of families and individuals offers support, education, multi-cultural activities, and friendship to anyone touched by or interested in adoption.

**The Arc Families Connected** [www.arc-lane.org](http://www.arc-lane.org) SEE DISABILITY  
**Bethel School District Young Mothers and Fathers Program** [www.bethel.k12.or.us](http://www.bethel.k12.or.us)  
541-689-0734, ext. 4119  
Willamette High School, 1801 Echo Hollow Rd., Eugene  
Teen-parent support program, including high school diploma/GED, parenting education, free on-site child care, and more. Ages up to 21.

**CAFA** [www.cafaweb.com](http://www.cafaweb.com) SEE CHILD ABUSE/NEGLECT • DOMESTIC VIOLENCE • SEXUAL ABUSE/ASSAULT  
**Catholic Community Services - Family Support and Connections** [www.CCSL.org](http://www.CCSL.org)  
541-345-3628, ext. 311  
Programs with one-on-one support for families, including home visits with a professional case manager, connections with resources, budgeting, and parenting tools.

**Center for Community Counseling** [www.ccc.org](http://www.ccc.org) SEE COUNSELING  
**Center for Dialogue and Resolution** [www.cdr.org](http://www.cdr.org)  
1400 Cross St., Eugene 541-344-3566  
Private, personalized, and balanced opportunities for good communication between teens and parents for issues involving trust, privacy, chores, curfew, driving, grades, dating, drug-use, friends, and more.

**Centro Latino Americano** [www.centrolatinoamericano.org](http://www.centrolatinoamericano.org)  
944 West 5th Ave., Eugene 541-687-2667  
Mental health, alcohol and addiction counseling, case management (e.g., food boxes, employment advocacy, housing) health resource navigation, youth mentoring, and wrap-around services.

**Child and Family Center** [www.childandfamilycenter.org](http://www.childandfamilycenter.org) SEE COUNSELING  
**The Child Center** [www.thechildcenter.org](http://www.thechildcenter.org) SEE COUNSELING  
**Eugene Family Resource Network** [www.eufrn.org](http://www.eufrn.org)  
541-790-7230  
Support and consultation to Title One schools, including math and literacy events, family fun nights, information and referrals to family relief services. Services offered in English and Spanish.

**Family Relief Nursery** [www.familyreliefnursery.org](http://www.familyreliefnursery.org)  
cristal@frncg.org 1-800-221-7437  
720 North 14th St., Cottage Grove (office) 541-482-4835  
Early childhood preschool classes, parent education classes, referrals, resource library, food pantry, clothes closet, and respite. Serves South Lane and North Douglas counties.

**Family Resource Centers of Lane County** [www.frcs.org](http://www.frcs.org)  
Bethel School District Family Center 541-607-1449  
Cottage Grove Family Center: A Primary Connection 541-942-4967  
Creswell Family Resource Center 541-895-6175  
Crown-Applegate-Lorane Family Resource Center 541-935-2100  
Fern Ridge Family Resource Center 541-952-7049  
Lowell Family Resource Center dsilver@lowell.k12.or.us  
Marcola Family Resource Center 541-933-2411, ext. 1216  
McKenzie-West River Family Resource Center 541-822-3313  
Oakridge-Westfir Family Resource Center 541-782-3281  
Pleasant Hill Family Resource Center 541-736-0495  
Springfield Family Resource Centers 541-744-6769  
Support and activities for families, including parenting classes, play groups, information and referrals, family literacy and math nights, computer access, after school activities, volunteer opportunities.

**First Place Family Center** [www.firstplacefamilycenter.org](http://www.firstplacefamilycenter.org) SEE BASIC NEEDS  
**Head Start and Early Head Start of Lane County** [www.headstartlane.org](http://www.headstartlane.org) SEE BASIC NEEDS  
**Lane County Maternal Child Health Services** [www.lanecc.edu/lrc](http://www.lanecc.edu/lrc)  
221 B St., Springfield 541-747-2425  
Comprehensive early learning programs for pregnant women and children to age 5 in families with limited income. Health services, social services, advocacy, parenting education.

**Healthy Families Lane County** [www.healthyfamilieslane.org](http://www.healthyfamilieslane.org)  
151 West 7th Ave., Eugene 541-682-7425  
Free parent support program provides parent education to new parents, beginning prenatally or after birth. Family Support Specialists work with parents to strengthen and cultivate a positive parent-child relationship.

**Lane County Maternal Child Health Services** [www.lanecc.edu/lrc](http://www.lanecc.edu/lrc) SEE PREGNANCY • CHILDBIRTH • POSTNATAL SUPPORT • ADOPTION  
**Lane County Youth Services** [www.lanecc.edu/lrc](http://www.lanecc.edu/lrc) SEE LEGAL  
**Lane Kids** [www.lanekids.org](http://www.lanekids.org)  
info@lanekids.org 541-741-6000  
3171 Gateway Loop, Springfield  
Lane County parenting education and family support hub. Connections for local resources, parenting tools, and family-friendly activities.

**Oregon Family Support Network** [www.ofsn.org](http://www.ofsn.org)  
72A Centennial Loop, Suite 150, Eugene 541-342-2876  
Support for families raising a youth with emotional, behavioral, or mental health challenges (no diagnosis needed). Respite, support group, family events, advocacy, IEP/504 support.

**Safe Kids - Car Seat Safety Tips** [www.safekids.org/car-seat](http://www.safekids.org/car-seat)

**SAFE KIDS - CAR SEAT SAFETY TIPS**  
[www.safekids.org/car-seat](http://www.safekids.org/car-seat)

## Parenting Now!

86 Centennial Loop, Eugene, OR 97401  
[www.parentingnow.org](http://www.parentingnow.org) 541-484-5316  
[info@parentingnow.org](http://info@parentingnow.org) 541-484-1449  
Parenting education/support services for parents with infants and young children. Open to all families.

**Programs:** Incredible Infants; Wonderful Ones (ages 12 - 25) who are pregnant or already parenting; Make Parenting A Pleasure for parents experiencing high levels of stress; Greer for Spanish-speaking families; Car Seat Inspections; Playtime for Parents and Children; and Baby Connection (see Pregnancy • Childbirth • Postnatal Support • Adoption).

**Pearl Buck Preschool** [www.pearlbuckcenter.com](http://www.pearlbuckcenter.com) SEE DISABILITY  
**Relief Nursery, Inc.** [www.reliefnursery.org](http://www.reliefnursery.org)  
1720 West 25th Ave., Eugene 541-343-9706  
850 South 42nd St., Springfield 541-485-9007  
Strength-based support for families with low income and children under 6. Crisis response, home visiting, therapeutic classrooms, early childhood special education, parenting classes, child counseling, and recovery support. No cost.

**Safe Kids West Oregon** [www.peacehealth.org/safekids](http://www.peacehealth.org/safekids)  
jcole3@peacehealth.org 541-222-1787  
Preventive education and resources to reduce the incidence and severity of injuries to children up to age 21.

**Triple P: Positive Parenting Program**