#### Supporting families

## THROUGH THE GENERATIONS

Imagine moving from Lebanon, a town with roughly 10,000 people, to the "big city" of Eugene. Now also imagine that you are just a teenager and pregnant.

This is the situation Tracy Howard found herself in 27 years ago. Case managers at the Orchard Inn, a shelter for pregnant teens, pointed Tracy in the direction of *Parenting Now!*, then called *Birth To Three*.

With her friend, Shelly, Tracy attended her first group session in the **Young Parents Program**, taught by Program Manager Anita Quincy-Huffman. "I was nervous about first going in because I didn't know what to expect," says Tracy. But she quickly formed a bond with the other girls in the group. "We had a good group with a lot of different backgrounds. It just worked," she says. "The comradery with the other teen parents was incredible."

Tracy stayed in the Young Parents Program for over 3 years. "Even after I graduated the program,

when my youngest daughter was 4, I called Anita because she was having behaviors that I was concerned about and Anita talked me through it," says Tracy. "I would call her from time to time with questions like that."

Tracy returned to *Birth To Three* when her two daughters were elementary-school aged. This time, Tracy signed up for the **Make Parenting A Pleasure Program**. Her girls were 5 and 7, and Tracy felt that she needed "a tuneup." Tracy was able once again to work with Anita.

"Anita was caring, nonjudgmental, and just nice," says Tracy. "I just connected with her."

Even after 27 years, Tracy, who works for Child Welfare, still keeps contact with some of her former group members. When her youngest daughter was 19 and pregnant, Tracy was able to refer her to the Young Parents Program. "I wanted her to get the same information and treatment that I got out of the program," says Tracy. "Anita got to see three generations of us!"



Three generations of Tracy's family

"We had a good group with a lot of different backgrounds. It just worked."

-Tracy Howard, client



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Parenting Now!
helped set the
foundation for a
happy and healthy
relationship with
my child. We
joined our group
when she was
an infant, and I
really did learn to
make parenting
a pleasure!"

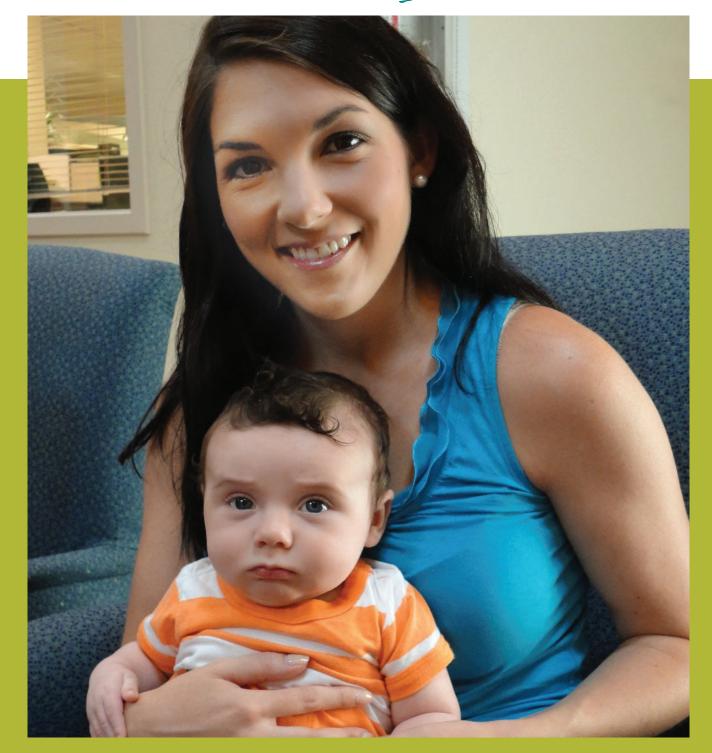








## Parenting Now!



ANNUAL REPORT

# IMPACT 7,023 Services provided in FY 2016-17

#### **◆ FIRST THREE YEARS**

For families with children birth to 3 years old

#### **INCREDIBLE INFANTS**



• • • • • TEN GROUPS served:

161

85 parents children families

#### **WONDERFUL ONES**

• • • • FIVE GROUPS served:



parents children families

● ● ■ THREE GROUPS served:

#### TERRIFIC TWOS



parents children families

#### **TOTALING**



"I didn't realize that taking a parenting group could be so much fun."

## PROGRAM FOR YOUNG PARENTS



For young people 12 to 21 years old who are pregnant or have young children

> "I am very sure I am a better mom because of all the help I got from **Healthy Families.**"



For highly stressed parents of children birth to 8 years old, using our evidence-based curriculum

PLAYTIME FOR PARENTS AND CHILDREN

#### HEALTHY FAMILIES



HOME VISITS families

SCREENING, RESOURCES & REFERRALS families

2,000

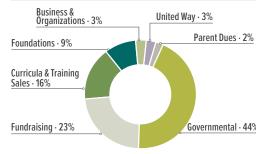
**6,390** parents & children served

Lane County provides home visits, screenings, referrals, and follow-up calls.

Fundraising  $\cdot$  14%

M/G · 11%

#### **EXPENSES** | FY 2016-17



Total Revenue: \$1,213,660

**REVENUE | FY 2016-17** 

Total Expenses: \$1,262,622

'I had a hard time adjusting to being a mom, due to stress and depression. My visitor was always supportive and encouraging. In the beginning, her visits helped me keep going."

## **A** letter from Lynne

#### Dear Friends,

Thank you for making 2017 another wonderful year at *Parenting Now!* Thanks to your support we have been able to provide services to 7,023 families this year. As the Adverse Childhood

Experiences research shows, getting families off to the right start is critical in preventing the life-long results of negative childhood experiences. Our work, though is more than only prevention — we help families thrive!

From the tiniest infants to the most robust toddlers and children, we've been there to provide services for our wonderfully diverse families, looking to do their best by their children. Here are a few highlights of our past fiscal year:

- We expanded our program offerings to include Language of Your Newborn for families who are expecting or just recently postpartum. And at the other end of the spectrum, we continue to have strong interest in our Joy of Grandparenting program.
- We now have an online resource website based on our Resource Poster, to better reach families wherever they are

 We received funding to finish an update of our hallmark evidence-based curriculum, Make Parenting A Pleasure. The update will include state of the art information about parenting education and child development, and is a critical part in ensuring our sustainability.

Our traditional programming of groupbased programs for Incredible INFANTs, Wonderful ONEs and Terrific TWOs is still going strong! New Incredible INFANTs programs start monthly.

There are so many reasons to celebrate our success and longevity! And this year, Parenting Now! will mark its 40th year in supporting families. I look forward to celebrating these successes with you in the months and years to come.

Best,

### Thank you to our donors!

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